

Timetable of Activities

September - December 2026

Creating Ground CIC is a not-for-profit organisation that works with women from migrant backgrounds to promote cross-cultural awareness, learning and sharing across different communities in South East London through collaborative arts and educational projects.

Monday AM

Dance with Protein

14 September - 7 December
10:30am - 12:30pm
Brookhill Children's Centre,
Woolwich, SE18 6BD



Tuesday AM

Market Makers with Lucie

22 September - 15 December
10:30am - 12:30pm
G-West Community & Arts Centre,
SE10 8JA



Wednesday AM

Together for Wellbeing with Laura

16 September - 2 December
10:30am - 12:30pm
G-West Community & Arts Centre,
SE10 8JA



Thursday AM

Sing Well, Stay Connected with COTW Choir

17 September - 13 October*
10:30am - 12:30pm
G-West Community & Arts Centre,
SE10 8JA

*and Tuesdays on:
22 September, 29th September,
6th October, 13th October



Thursday AM

Creative Sessions with Lucie

8 October - 10 December
10:30am - 12:30pm
G-West Community & Arts Centre,
SE10 8JA



Friday AM

Theatre In Action* with Erene

18 September - 11 December
10:30am - 12:30pm
G-West Community & Arts Centre,
SE10 8JA

*Only for Stronger Together Leaders

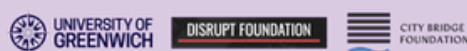


Monday PM

Stronger Together* with Ewa and Laura

14 September - 7 December
5:15 - 6:45pm
Online via Zoom

*Only for Stronger Together Leaders



Tuesday PM

Gentle Stretching Online with Sylwia

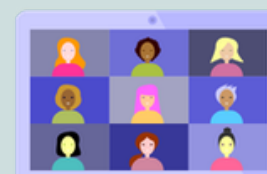
6 October - 15 December
6:00 - 6:45pm
Online via Zoom



Thursday PM

Creative Skills Online with Laura and Rose

24 September - 3 December
6:00 - 7:15pm
Online via Zoom



Friday PM

Creative Wellbeing & Information Drop-in

6 November & 4 December
1:00 - 2:30pm
G-West Community & Arts Centre,
SE10 8JA



Upcoming Events:

- Information Session Online Thursday 10th September, 11:00-12:30
- Wellbeing Fair at GWest Wednesday 11th November, 11:00-13:00

To register or for more information please contact **Rose** at projects@theground.org.uk or on WhatsApp on +447438288814

www.theground.org.uk