

Creating Ground

## Course Plan

### Diversity, Cultural Awareness and Inclusion: working cross-culturally

During this 20-hour course, we will:

- Become aware of unconscious bias
- Understand diversity and cultural differences
- Develop cultural awareness
- Learn to communicate cross-culturally
- Develop inclusive practices
- Share experiences and learn with/from a multicultural group

Day 1	
Time	Activity
9.30 – 9.35	Introducing the course
9.35 – 9.50	Group agreement for the week
9.50 – 10.00	Ice-breaking activity
10.00 – 10.30	Warm up activities (team building, diversity and cultural awareness)
10.30 – 11.00	Definitions and Introducing the topic/s
11.00 – 11.15	Break
11.15 – 11.50	Recognising and Challenging our unconscious bias – Discussion and Activities
11.50 – 12.30	What is diversity and why does it matter in our work-place?
12.30 – 12.35	Break
12.35 – 13.15	How can we incorporate diversity in our work-place?
13.15 – 13.30	Reflections, feedback and plan for tomorrow

Day 2	
Time	Activity
9.30 – 9.45	Intro round with new facilitator
9.45 – 10.00	Ice-breaking activity
10.00 – 10.30	Introducing today's topics: Cultural Awareness, Understanding Differences and Multicultural Environment
10.30 – 10.50	Break
10.50 – 11.30	Exploring Cultural Awareness
11.30 – 12.10	Exploring Understanding Differences
12.10 – 12.25	Break
12.25 – 13.00	Exploring Multicultural Environment
13.00 – 13.30	Check out round – key learning points from today's session

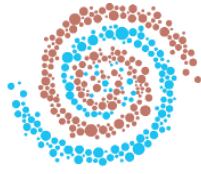


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<b>Day 3</b>	
<b>Time</b>	<b>Activity</b>
9.30 – 9.50	Ice-breaking activity
9.50 – 10.00	Recap from yesterday
10.00 – 10.20	Warm up activities
10.20 – 11.00	How to promote Diversity and Inclusive Practice in your classroom through activities, games and specific exercises – part 1
11.00 – 11.15	Break
11.15 – 11.50	How to promote diversity and Inclusive Practice in your classroom through activities, games and specific exercises – part 2
11.50 – 12.30	Cross-cultural Communication
12.30 – 12.35	Break
12.35 – 13.15	Dealing with conflicts caused by cultural misunderstandings and clashes
13.15 – 13.30	Reflections, feedback and plan for tomorrow

<b>Day 4</b>	
<b>Time</b>	<b>Activity</b>
9.45	Meet outside Gwest to then travel together to the Migration Museum
11.20 – 13.00	Migration Museum Visit (or other relevant museum)
13.00 – 13.45	Post-visit discussion and coffee

<b>Day 5</b>	
<b>Time</b>	<b>Activity</b>
9.30 – 9.50	Ice-breaking activity
9.50 – 10.30	Recap on what has been learnt so far
10.30 – 11.00	Break
11.00 – 12.15	Visit -speaker and Q&A
12.15 – 12.20	Break
12.20 – 13.00	Reflections and Actions for change
13.00 – 13.30	Feedback and Certificates



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## Facilitators

### **Laura Marziale**

Laura has extensive experience in community development, community education, working with migrants in London and non-formal learning. She worked for 9 years at the Migrants Resource Centre managing the community education and employability services. She has also worked for 2 years (finishing in July 2016) at Action for Refugees in Lewisham managing a supplementary school for children aged 4 to 11. She is currently working 3 days per week at Renaisi where she manages a team of bilingual parent advisors working in different schools in Islington and Hackney. She has a Masters in Anthropology of Media from SOAS and a degree in African Studies from the Istituto Universitario Orientale in Naples. She lived and worked in Tanzania and South Africa managing edu-tainment projects mainly using the media and in particular drama.

### **Marina D'Arco**

Marina has worked for a variety of charities over the past 25 years both behind the scene in fundraising and project management and directly with vulnerable people, particularly single parents, migrants and those who are homeless to help them integrate in the UK.

She has delivered training in Confidence Building, Employment Skills and Integration to parents and refugees of many backgrounds.

A mother of two grown up mixed race daughters, she has travelled extensively around the world, mainly in Africa.